



Start time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11:00 AM						11:00 AM - 12:00 PM Minis	
12:00 PM						12:00 - 2:00 PM Open Gym	
01:00 PM		1:00 - 3:00 PM Home School	1:00 - 3:00 PM Home School				
02:00 PM						12:00 - 3:00 PM Open Quad	
03:00 PM							
03:30 PM	3:00 - 5:00 PM Open Gym		3:00 - 5:00 PM Open Gym				11 AM BIRTHDAYS, TEAM-BUILDING AND SPECIAL EVENTS
04:00 PM				4:45 - 5:45 PM Adv. Minis			CALL TO BOOK 770-726-3686
05:00 PM		5:00 - 6:00 PM Mini Ninja		5:15 - 6:15 PM Beg. Ninja			
05:15 PM	5:15 - 6:15 PM Beg. Ninja				4:00 - 7:00 PM Youth Open Gym (4-15)		
05:30 PM	5:00 - 6:00 PM Mini Ninja			6:15 - 7:15 PM Ninja 2	4:00 - 8:00 PM Adult Open Gym 16+	BIRTHDAYS AND PRIVATE EVENTS ONLY	BIRTHDAYS AND PRIVATE EVENTS ONLY
06:00 PM	5:15 - 6:15 PM Beg. Parkour	5:30 - 6:30 PM Ninja 2	5:30 - 6:30 PM Beg. Parkour	6:00 - 7:00 PM Kids Tumbling			
06:15 PM							
06:30 PM	6:15 - 7:15 PM Kids Tumbling	6:30 - 7:30 PM Ninja 3	6:30 - 7:45 PM Kids PK team	6:15 7:15 PM Ninja 3			
07:00 PM							
07:15 PM	6:30 - 7:30 PM Ninja 3						
07:30 PM	7:00 - 8:00PM Parkour lvl.2			7:00 - 8:00 PM Parkour lvl.2		770-726-3686 www.nyxtrainingcenter.com	770-726-3686 www.nyxtrainingcenter.com
08:00 PM	7:15 - 8:00 PM Kids tag						
08:30 PM	7:30 - 8:30 PM Adult Ninja	7:30 - 8:30 PM Adult Ninja		7:30 - 8:30 PM Adult Ninja			