



08/05/24 -05/31/25

FALL SCHEDULE

Start time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11:00 AM						11:00 AM - 12:00 PM Minis	
12:00 PM						12:00 - 2:00 PM Open Gym	
01:00 PM	1:00 - 3:00 PM Home School	1:00 - 3:00 PM Home School	1:00 - 3:00 PM Home School				
02:00 PM							
03:00 PM							
03:30 PM	3:00 - 5:00 PM Open Gym						
04:00 PM				4:45 - 5:45 PM Mini Ninja			
05:00 PM		5:00 - 6:00 PM ADV. MINIS		5:15 - 6:15 PM Beg. Ninja	4:00 - 7:00 PM Youth Open Gym (4-15)		
05:15 PM	5:15 - 6:15 PM Beg. Ninja		5:15 - 6:15 PM Beg. Ninja	5:00 - 7:00 PM Pro Team (dara)			
05:30 PM	5:15 - 6:15 PM Beg. Ninja	5:30 - 6:30 PM Ninja 2	5:30 - 6:30 PM Beg. Parkour	6:15 - 7:15 PM Ninja 2	4:00 - 8:00 PM Adult Open Gym 16+		
06:00 PM		5:30 - 6:30 PM Ninja 2	5:30 - 6:30 PM Beg. Parkour	6:00 - 7:00 PM Beg. Parkour			BIRTHDAYS AND PRIVATE EVENTS ONLY
06:15 PM	6:15 - 7:15 PM Kids Tumbling			6:00 - 7:00 PM Beg. Parkour			
06:30 PM			5:30 - 7:30 PM Pro Team (MJ)				
07:00 PM	5:30 - 8:00 PM Pro Team (MJ)	6:30 - 7:30 PM Ninja 3	6:30 - 7:45 PM Kids PK team				
07:15 PM	7:15 - 8:15 PM Kids tag			7:00 - 8:00 PM Open Gym	7:00 - 8:00 PM Kids PK team		
07:30 PM	7:15 - 8:15 PM Kids tag		7:00 - 8:00 PM Kids tag	7:00 - 8:00 PM Parkour lvl.2		770-726-3686 www.nyxtrainingcenter.com	770-726-3686 www.nyxtrainingcenter.com
08:00 PM		7:30 - 8:30 PM Adult Ninja Lvl. 2	7:30 - 8:30 PM Beg. Adult Ninja	7:30 - 8:30 PM Beg. Adult Ninja			
08:30 PM							

11 AM
BIRTHDAYS, TEAM-BUILDING
AND SPECIAL EVENTS

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